

Sr.No.1891

Exam Code: 113601

Subject Code : 4013

**Bachelor of Vocation (Mental Health Counselling) - Ist Semester
(Batch 2021-24)
(2221)**

Paper-I : Mental Health & Counselling

Time allowed: 3 hrs.

Max. Marks: 75

Note: The Candidates are to attend FIVE questions, ONE from each Section. FIFTH question may be attempted from any Section. All questions carry equal marks.

Section A

1. Define mental health. Discuss the need of mental health counseling.
2. Describe in detail Psychological and Subjective Well-being.

Section B

3. What is counseling? Discuss the goals of counseling.
4. Explain the professional issues associated with mental health counseling.

Section C

5. Discuss the process of counselor-client relationship.
6. Discuss various skills required for effective counseling.

Section D

7. Describe in detail the process of counseling with suitable examples.
8. Discuss the ethical issues involved in counseling.

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